

# BREATHE

## INTERACTIVE ASTHMA JOURNAL

### WHERE IS IT?

It's online! Make sure you have an internet connection, then open your web browser (e.g. Safari, Chrome, Firefox) and type in [www.breathejournal.co.uk](http://www.breathejournal.co.uk)

Ensure your audio is on and turned up to hear the video clips.

### REQUIREMENTS

BREATHE should be viewable in the following browsers (or newer):



Safari 5



Chrome 16



Firefox 10



IE 10, 9, 8

It also supports these devices: **iPad, iPhone, iPod Touch and most Android devices.**

**BREATHE requires a live internet connection to view the videos and play the interactive Asthma Quiz.**

### NAVIGATION

BREATHE looks and feels like a page-turning print publication. Simply click or touch the corners of each page to turn to the next. The journal has 24 pages in total.

Double click or tap to zoom into pages and see better detail. Some pages have 'hotspots' you can click or touch to open up video clips and other interactive content.

### SUPPORT

Contact to One Development Trust's Andy Campbell: [andy@onetooneddevelopment.org](mailto:andy@onetooneddevelopment.org)